



Upcoming Events and News

FEBRUARY 2023

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SAVE THE DATES

MONTHLY WCC BOARD MEETINGS . . . every 3rd Wednesday of the month. Community members are welcome to attend!

GOLDEN STAR ROOM CEREMONIAL RIBBON CUTTING

Tuesday, February 21
7:00pm

COFFEE WITH COUNCIL (Woodridge)

Wednesday, February 22
7pm - 9pm

SPRING BREAK OPEN HOUSE

. . . Games, crafts, recreation activities

Open to all ages!
Wednesday, March 29th
and Saturday, April 1st
1pm—4pm

WOODRIDGE COMMUNITY CENTRE
69 DENIS STREET
WOODRIDGE, MB
PH: 204-429-2344



WOODRIDGE HAS AN AED (Automated External Defibrillator) AND IT COULD SAVE A LIFE

Did you know in Canada, there is one cardiac arrest every 12 minutes and without rapid and appropriate treatment, most of these cardiac arrests will result in death. A frightening statistic especially in rural communities, like Woodridge, where ambulance or emergency medical response could be 30 minutes away. Research has shown that when an AED and CPR are immediately available, the chance of survival for sudden cardiac arrest is substantially improved. **An AED is a small, electronic,**

portable device used to identify cardiac rhythms and delivers a shock to correct abnormal electrical activity in the heart. This device will instruct a lay person, like you on how to use the AED and deliver the shock or instruct you to perform CPR (if a shockable rhythm is not detected) until emergency medical services arrive.

Having a publicly accessible AED became a priority for the community. Hence the Woodridge Community Club, together with the Woodridge Firefighters Association, marshalled its resources, volunteers and held a very successful fundraising event in Spring 2022 (the 1st Annual Woodridge Car Show). Our fundraising goal was \$3,000. Thanks to the generosity of our volunteers, sponsors, donors and the general public, we met and exceeded our goal.

The AED was purchased last year. It is located at the **VINTAGE CORNER STORE (Woodridge)** just inside the front doors (see photo above). The AED is accessible 364 days a year during regular business hours. We did consider a number of other locations in our community. Accessibility (although not 24/7) and security were paramount in our decision making. It should be noted our community also has an AED at the Woodridge Fire Hall and at the Woodridge Community Centre.

If you are interested in learning more about the AED and trained to use it, than register for the upcoming information and training session with Canadian First Aid Training. It is only one (1) hour. **Leave your name & phone number with the Woodridge Community Club voicemail at 204-429-2344.**

AED INFORMATION & TRAINING SESSION

Saturday, February 25th, 2023

10:00am - 11:00am

Woodridge Community Centre, 69 Denis Street

COFFEE WITH COUNCIL



All residents are welcome to join council members and RM staff at their annual 'Coffee with Council' meet and greet. It is an opportunity for rate payers to voice any concerns, ask council questions and find out what's happening in the RM.

Wednesday, February 22, 2023

7pm - 9pm

Woodridge Community Centre

COMMIT TO GET FIT!



The Woodridge Community Centre offers a **free, low impact 30 MINUTE EXERCISE PROGRAM**

Tuesdays & Thursdays starting at 6:30 pm. It is a full body workout! Bring runners and wear comfortable clothing. All participants will be required to sign a waiver form.

GOLDEN STAR ROOM

CEREMONIAL RIBBON CUTTING

After two years of fundraising and extensive renovations, we are pleased to announce the official (re) opening of the Golden Star Room and new adult social & recreation programs.

Please make plans to join us!

When: Tuesday, February 21, 2023, 7:00pm

Where: Woodridge Community Centre

(Refreshments & snacks will be served)

Make A Difference



VINTAGE SNOWMOBILE SHOW, SHINE AND RIDE

When: Saturday, March 4

Where: Woodridge Community Centre

9am - 11am Pancake Breakfast (\$7/person)

9:30am-11am ... Show & Shine 11:30am ... Ride Noon...Prize draws

50/50 Draw and Silent Auction. *Net proceeds will go to support the Woodridge Community Club and the Never Alone Cancer Foundation.*

Go to www.southeastridoriders.mb.ca for details



SPRING BREAK OPEN HOUSE

Wednesday, March 29 & Saturday, April 1

1pm - 4pm

Open to all ages (kids, adults, seniors), come out for a fun afternoon of games, crafts and recreation. A detailed schedule of planned activities will be posted at the Vintage Corner Store and Post Office . . . pickleball, floor hockey, table tennis, billiards, cards, build a birdhouse and bird feeder, arts & crafts and more. Meet your neighbours, have some fun and get active!